



Veterans & First Responders Exclusive Programming

Addressing Addiction, PTSD, Mental Health, Eating Disorders

Healing & Restoration for Those Who Have Served

- A peaceful, home-like atmosphere.
- Our experienced care team understands the culture and challenges faced by Veterans and First Responders.
- We provide care grounded in experience & respect.
- Detox, residential, and PHP (day) programs.
- Weekly eye movement desensitization and reprocessing therapy (EMDR) or accelerated resolution therapy (ART) to reduce the impact of trauma.
- Weekly individual and family therapy.
- Restoring connection with loved ones and developing healthy communication patterns.
- Group therapy and peer support; groups comprised of fellow Veterans and First Responders who understand your journey.
- Trauma-informed programming that addresses the unique challenges faced by Veterans and First Responders.



BCBS, BCN, United
Healthcare, VA Community
Care, Priority Health



A Retreat for Healing

We are located in a restored historic home at 221 John Street NE in Grand Rapids, Michigan. J.O.H.N. is a residential treatment facility for adults (18+). Hidden in plain sight on a quiet street, J.O.H.N. is a place of healing, fostering camaraderie and trust within an environment of safety, privacy, and comfort.

844.776.9651 ext. 1

Built for You, Backed By Experience

- Private Chef; meals supporting physical and emotional wellness
- On-site fitness center
- Promoting physical and mental well-being
- Service animals welcome
- On-site support meetings
- A town and country neighborhood for excursions and rigorous walks
- Veterans and former First Responders on staff

Forged in Service; Strengthened in Healing



The Green Bedroom



Group Room

Programs & Services

- Psychiatric & Medical Assessments
- Psychiatric & Medical Management: Medication-Assisted Treatment (MAT)
- SPRAVATO (esketamine) and other evidence-based treatment approaches
- Collaborative Care Teams
- 24/7 Nursing Staff
- Medical Detox (at Sanford West Behavioral Health Campus)
- Residential Programs
- PHP Programs (5 days per week)
- On-Site Supportive Housing
- IOP Programs (3 days per week/3 hrs per day)
- Individual Therapist
- Group & Family Therapy
- Long-Term Planning
- Free Alumni Programs
- Free Family Education/Support Programs
- The average length of stay is 14 to 45 days
- Eating Disorder Treatment (at Sanford West Behavioral Health Campus)
- In-network with most commercial insurances

EZ Admissions & Clearances

844.776.9651 ext. 1

Call, talk to a real person, begin treatment 24/7



VA referrer, please fax packets to:

616.341.6015

Clinical Assessment is completed using the referral packet

Specialized Groups

- Coping and Resilience
 - manage stress, mindfulness & self-care
- Trauma and PTSD
 - Coping with memories, rebuilding trust
- Transition and Reintegration
 - Civilian life & relationships
- Relationships and Communication
 - Conflict resolution, problem solving
- Substance Use and Recovery
 - Coping with cravings & triggers, building a support network
- Anger and Emotional Regulation
- Purpose and Meaning
- Peer Support and Community

Sanford Behavioral Health
15146 16th Avenue, Marne, Michigan 49435
Serving Greater Grand Rapids, All of Michigan & Beyond
SanfordBehavioralHealth.com
Medical services provided by Sanford Medical Specialists, PLLC